

What is the Melissa Roberts Foundation?

The Melissa Roberts Foundation is an incorporated association under the Associations Incorporation Act 2009.

We promote recovery through the use of skills and techniques developed predominantly by people with lived experience, who have overcome the disabling impact of their condition.

What do we do?

The Foundation provides Support, Information, Training and Education for people with lived experience of hearing voices, paranoia and childhood trauma, who, like Mel, are disempowered by their lived experience.

The Foundation's services extend to:

- ▶ carers and family
- ▶ mental health professionals and organisations
- ▶ educational institutions and students
- ▶ the general community.

How can you help?

Share this Flyer...

with any other individual or organisation whom you feel may be interested.

Join the Foundation...

and have your say in what we do. You may also want to get involved, we would welcome your support. See our website for details.

Donate to the Foundation...

so you can help us make a difference in the lives of the people we support. See our website for details.

VISIT

www.melissarobertsfoundation.org.au

or

www.facebook.com/melissarobertsfoundation

EMAIL

info@melissarobertsfoundation.org.au

CALL

0425 334 244

ABN 43 875 769 329



Dragonfly Day

*Creating awareness
around hearing
voices, paranoia and
childhood trauma.*

What is Dragonfly Day?

Dragonfly Day has been established to raise awareness of people with lived experience of hearing voices, paranoia and their links to childhood trauma.

Why August? A month of mixed emotions in that it was the month Melissa was born, and sadly, also the month she passed away.

Why a Dragonfly?

From an early age Mel had a strong fascination for the dragonfly.

It was discovered that the qualities the dragonfly symbolises are very consistent and relevant to the qualities people with lived experience need, to help them on their journey toward recovery.

Who is Melissa Roberts?



As a result of a significant traumatic event, Melissa, or Mel as she was best known, started hearing voices at age 14.

The intensity of the voices escalated in her late teens and into early adulthood, and was joined by severe depression and paranoia, forming a powerful “cocktail” of immense torment and suffering, which became too much for Mel to endure.

Mel passed away on 26th August 2010, three days after her 27th birthday.

(see “Mel’s Story” on our website)

The Dragonfly Symbolises

