



**Presents**

## **UNDERSTANDING AND WORKING WITH VOICES**

*A one-day workshop to help you learn more about the voice hearing experience and gain useful skills when working with people with lived experience of hearing voices.*

### **The workshop focuses on:**

- Background to the hearing voices approach
- Understanding the hearing voices experience
- Three stages of voice hearing
- Voice profiling and focusing
- Recovery
- Making sense of voices – A snapshot
- Voice dialogue – A snapshot
- Lived experience perspectives
- Case studies

### **Who should attend?**

- Mental Health Workers/Professionals
- Consumers
- Carers
- Teachers, Lecturers, Students, Councilors, GPs
- Anyone who supports or works with people with lived experience of hearing voices

**(Ref: HVM3)**