



**Presents**

## **WORKING WITH PARANOIA AND UNUSUAL BELIEFS**

*A half-day workshop to help you learn new approaches to understanding and working with people who experience paranoia and unusual beliefs.*

### **The workshop focuses on:**

- History and assumptions about paranoia
- Understanding fear
- Three stages of paranoia
- Triggers and warning signs
- Managing paranoia
- Working with unusual beliefs
- Case study

### **Who should attend?**

- Mental Health Workers/Professionals
- Consumers
- Carers
- Teachers, Lecturers, Students, Councilors, GPs
- Anyone who supports or works with people with lived experience of paranoia.

**(Ref: PM1)**