



Presents

UNDERSTANDING AND WORKING WITH VOICES

*A half-day workshop to help you learn
more effective ways to help people
understand and live fulfilling lives while
experiencing hearing voices.*

The workshop focuses on:

- Background to the hearing voices approach
- Understanding the hearing voices experience
- Three stages of voice hearing
- Deconstructing voices
- Voice profiling
- Coping strategies/empowerment
- Lived experience narrative
- Case studies

Who should attend?

- Mental Health Workers/Professionals
- Consumers
- Carers
- Teachers, Lecturers, Students, Councilors, GPs
- Anyone who supports or works with people with lived experience of hearing voices

(Ref: HVM4)